

The Flat Audit

A Practical Vastu Guide for Flats, Apartments & High-Rise Living

By SAPANDA – Life by Design

Modern families live in flats, not independent houses — yet most Vastu advice still follows old house-based rules. *The Flat Audit* bridges that gap with a practical and realistic approach designed specifically for apartments and high-rise living.

This book explains how entrances, Brahmasthan, kitchens, bedrooms, toilets, corridors, lifts, shared walls, and floor levels quietly influence peace, health, finances, sleep, relationships, and overall harmony inside a flat. Written in a calm, non-fear-based, and deeply human style, it helps readers understand what truly matters, what can be corrected, and what should be checked before buying or renting a property.

Ideal for homeowners, tenants, architects, Vastu learners, and modern urban families seeking clarity in apartment living.

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